

FACT SHEET



1. Menstrual-Like Cramps

(constant or come and go, just above the pubic bone)



2. Low, Dull Backache

(Constant or comes and goes)



3. Pressure

(feels like the babies are pushing down; feels heavy)



4. Abdominal Cramping

(with or without diarrhea)



5. Increase or change in Vaginal Discharge

(mucousy, watery, light or bloody)



6. Fluid Leaking from Vagina



7. Feeling Bad



8. Uterine Contractions that are 10 minutes apart or closer

(may be painless)

Questions?

Call: (705)429-0901 or (886)228-8824 (toll free)
To order copies, call or write:
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