



News & Information from Multiple Births Canada



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Report From National – March 2010 issue

The **March 2010 issue of the Report From National** has been posted on the Multiple Births Canada website. It features updates on current MBC initiatives, introduces some new fundraisers at the national level and the Chapter level, and gives an overview of upcoming events. MBC members are encouraged to find out what your national organization has been working on during the past few months; the answers are all in Report from National! Past issues are also posted on the [MBC website](#).

2010 National Conference & Annual General Meeting

Still considering whether you should attend the 2010 National Conference and Annual General Meeting in Edmonton this September? Check out the amazing line-up of [speakers and workshops](#) planned for delegates now posted online. Please note the Registration Form will be posted in early March.

New Tasks... New Volunteers Needed!

Both Volunteer Canada and Imagine Canada (along with many other volunteer-specific organizations) have spent considerable resources trying to find the answer on the value of volunteering and whether volunteering can truly be represented by a dollar value. MBC knows the true value of volunteers is priceless! We appreciate the help we receive from some of the busiest people in Canada—parents of multiples!

After recently reviewing our [2009-2012 Strategic Plan](#) the Board listed a few new tasks that need to be accomplished over the next couple of years. If you have considered volunteering and have the time, passion and interest to take on some smaller tasks—the following may be for you, someone you know, or even you and a committee!

We are looking for volunteers:

Experienced individual(s) with a background in [Human Resources or Volunteer Coordination](#) to:

- accept volunteer applications and match with positions/ tasks
- create and maintain a database of current, past and future volunteers at the national level
- create and update job descriptions (JD) for the national organization and assist Chapters where needed with their JD needs
- coordinate a quarterly volunteer newsletter
- create a volunteer handbook for the national organization that can be adapted for Chapters

Skilled in [website programming](#) to:

- add items like You Tube Videos and Blogs to our MBC home page
- create a private and secure discussion forum
- create a Photo Gallery

Experience with current [social networking applications](#) to:

- connect website links from other websites to MBC; develop policy; reciprocal agreements with other websites
- connect with other discussion forums to communicate the existence and resources of MBC
- facilitate an MBC Blog to keep people up-to-date with MBC and multiple-birth related news

Skilled in [Marketing/public relations/communications](#) to:

- update database of media contacts
- encourage magazine and other publication coverage, arrange interviews and the distribution of Public Service Announcements
- develop a contact list of multiple-birth community members and key messages for responding to media requests
- develop a list of cities/regions and the media contacts in those cities to develop an outreach campaign in areas where Chapters are needed

Politically minded to:

- create and maintain a list of Ministers of multiple-birth impacted portfolios, ensuring they are aware of MBC and our advocacy issues, as well as other general awareness

Interested in the [development of publications and resources](#) to:

- identify gaps in publications and resources and assist (where applicable) in the development of such resources
- establish needs, develop and provide new resources to fill gaps beyond the infant/toddler stage
- assist the Health and Education Committee

Experienced in [working with databases](#) to:

- to link membership database technology to highlight expiry dates and similar type functions

Experienced in [health or education related fields](#) to:

- help develop new and update existing fact sheets and resources as part of the Health and Education Committee

If any of these tasks sound appealing to you and you have some extra time to dedicate to seeing them through to completion, please contact Kim Weatherall at volunteers@multiplebirthscanada.org. More [Volunteer Opportunities](#) are available on the MBC website.

Dads Needed for Study

Mothers with post-partum depression (PPD) say that their partners are their #1 source of support. Did you help your partner through this difficult time? If so, you are needed to participate in this collaboration research project between the University of New Brunswick, University of Alberta, University of Calgary, University of Toronto, and Carleton University. (Funded by the Canadian Institute of Health Research)

Please call the study's Project Director, Penny Tryphonopoulos, at 1-888-790-1777 or (506)447-3043, or email at penny.tryph@unb.ca for more information about taking part in this study. Confidentiality and discretion are assured. <http://www.unbf.ca/nursing/child/CIHRDads.html>.

The Winner is...

MBC now has 8 Chapters running the fundraising initiative with A Perfect Party by Cody. In early February we ran a little contest for the participating Chapters where the winner received \$125 worth of Cody Crown Credits. We are excited to announce that the winner is **Multiple Birth Families Association of Ottawa/Gatineau!**

If your Chapter is interested or would like more information on this fundraiser, please email Kim Weatherall at past-chair@multiplebirthscanada.org.

Supporting Canada's Multiple-Birth Community for over 30 Years!

www.multiplebirthscanada.org