



News & Information from Multiple Births Canada



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FOR IMMEDIATE RELEASE
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NATIONAL VOLUNTEER WEEK April 18-24, 2010

National Volunteer Week, led by **Volunteer Canada**, will be celebrated this year from April 18 to 24th and is one of the biggest celebrations of volunteers and volunteerism in our country. Throughout the week, organizations like Multiple Births Canada will celebrate volunteerism by recognizing and appreciating the efforts of thousands each and every day.

The campaign's theme "Volunteers - From Compassion to Action" clearly recognizes the many dedicated volunteers within MBC and its Chapters. It is the passion and compassion of many moms, dads, grandparents, and other supporters of multiple-birth individuals and their families, that compels them to spring into action to make a difference in the life of another.

National Volunteer Week is one way for MBC to celebrate our wonderfully dedicated volunteers. But there is another way for you to participate, which will bring the importance of celebrating volunteers closer to your own community. Read more below about how you can nominate someone for one of MBC's *Making a Difference Awards*. Express your appreciation for someone special who has made a difference in your life or your community. Not only will that person receive the recognition for their efforts through your nomination, but their story will likely inspire others to continue volunteering and others to begin for the very first time.

On behalf of the MBC Board of Directors and our Business Office Manager, I would like to thank all of you for your commitment to making a difference in your communities. Whether it is in support of a Chapter, Multiple Births Canada itself, or the many individuals and families your life has touched, your willingness to volunteer on behalf of the multiple-birth community is always appreciated.

With heartfelt appreciation,

Kimberley Weatherall
MBC, Director of Volunteer Management
volunteers@multiplebirthscanada.org

"The heart of a volunteer is not measured in size, but by the depth of the commitment to make a difference in the lives of others." DeAnn Hollis

FIRST CALL FOR NOMINATIONS – MAKING A DIFFERENCE AWARDS Volunteer Recognition Within the Multiple Birth Community

It's time for MBC members to recognize our peers and supporters by nominating candidates for the **2010 Making a Difference Awards!**

It only takes a few minutes and the recognition it gives to the amazing volunteers who win is priceless. The awards will be presented at the 2010 National Conference and Annual General Meeting in September in Edmonton, but you do not need to attend to nominate or receive this award. This is a wonderful opportunity to acknowledge the contributions made by others wanting to *improve the quality of life for multiple-birth individuals and their families in Canada*.

We know that there are many members and friends of MBC deserving of these awards, so *go ahead... nominate someone!! Why not nominate someone in each of the categories!*

MBC has five awards available for consideration.

- **MADA LOCAL** to an individual who has displayed outstanding dedication or has been responsible for outstanding accomplishments of local significance in the field of multiple births in a local community in Canada.
- **MADA NATIONAL** to an individual who has displayed outstanding dedication or has been responsible for outstanding accomplishments of national significance in the field of multiple births in Canada.
- **MADA INTERNATIONAL** to an individual who has displayed outstanding dedication or has been responsible for exceptional accomplishments of international significance in the field of multiple births with a Canadian element or impact on the Canadian multiple-birth community.
- **DIONNE AWARD** to ADULT multiple-birth individual(s) who through his/her/their actions have created a deeper awareness of the challenges faced by Canada's multiple-birth children and their families and/or have made a significant impact on the multiple-birth community through their own personal efforts.
- **MEDIA AWARD** to an individual and/or newspaper, magazine, radio or television outlet that printed or aired a story in 2009/2010 which created awareness of multiple birth issues, individual chapters, or spotlighted MBC and/or Chapter initiatives.

To see details on past winners and to download the latest MADA Nomination Forms check out the Multiple Births Canada website at www.multiplebirthscanada.org, and select Volunteering, then **Volunteer Recognition**.

Please submit your nomination for consideration by July 1st, 2010. NOTE: If you have submitted a nomination previously and your nominee was not a recipient, don't be discouraged, this may be their year! Just re-nominate!

Your submissions or questions can be sent by email to Lynn at makingadifference@multiplebirthscanada.org, by fax to (705) 429-9809, or by mail to **Making a Difference**, Attention: Chairperson, Box 9 RR #4, Rockwood, ON NOB 2K0.

We would also like to hear from anyone who would like to be part of the Making A Difference Awards Committee this year. If you are interested in helping out, please contact us through email, fax, or mail as above.

We look forward to hearing from you. **Remember** - without volunteers, our local chapters, as well as the National Organization, would never be able to touch as many lives as we have been able to.

Let's recognize those who "Make a Difference"!

Supporting Canada's Multiple-Birth Community for over 30 Years!

www.multiplebirthscanada.org

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