

April 14, 2007

Letter to the Editor:

In Canada, there are currently 120,000 twins, triplets, quadruplets and quintuplets, otherwise known as multiple-birth children, under the age of 13. Of these 48,000 are aged 5 and under.<sup>1</sup>

Young multiples have primary relationships with their parents as well as with their multiple-birth sibling(s). This strong bond between co-multiples is a unique relationship that influences how multiples interact with family and friends, and fascinates the general public and researchers alike, yet its implications are still not fully understood by many Canadians.

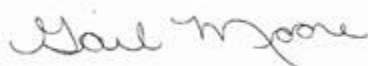
Multiple-birth children are individuals, and as such their development as individuals must be encouraged and respected in all aspects of their lives. For multiples to have the extraordinary benefit of growing up in supportive partnership with each other, we must also respect and nurture the development of healthy relationships between them.

This year, Multiple Births Canada (MBC), the only national organization representing Canada's multiple-birth community, is drawing attention to this complex reality; which is why we are writing to your readers today. If you are a twin, triplet, quadruplet or quintuplet, please accept this invitation. If you are related or are friends with a multiple, please pass this information on to that person.

Multiple-birth individuals of all ages are encouraged to write a letter explaining how it feels to be multiple-birth individual while simultaneously being a twin, triplet, quadruplet or quintuplet.

Letters should be emailed to [communications@multiplebirthscanada.org](mailto:communications@multiplebirthscanada.org), mailed to Multiple Births Canada, PO Box 432, Wasaga Beach, Ontario, L9Z 1A4, or faxed to 705-429-9809. Quotes from these letters may be used in our National Multiple Births Awareness Day media kit, for this reason we ask that all letters include a return address.

Respectfully submitted,



Gail Moore, Director of Communications  
Multiple Births/Naissances multiples CANADA

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<sup>1</sup> *Statistics Canada (2004). Births. Ottawa: Minister of Industry.*  
[www.statcan.ca/english/freepub/84F0210XIE/84F0210XIE2002000.htm](http://www.statcan.ca/english/freepub/84F0210XIE/84F0210XIE2002000.htm)

