

## **MEDIA RELEASE**

*For immediate distribution*

### **ANNE-MARIE MEDIWAKE TO BE THE SPECIAL GUEST SPEAKER AT THE NATIONAL CONFERENCE FOR MULTIPLE BIRTHS CANADA**

WASAGA BEACH, ON – Multiple Births Canada (MBC) announced today Anne-Marie Mediwake, co-anchor of the News Hour on Global TV, will deliver the opening address at the 2008 National Conference in Markham, Ontario this fall.

Since being informed that she was carrying triplets, Anne-Marie has publicly shared her journey into multiple-birth motherhood. Her professional skills and character as a top Canadian journalist has allowed Anne-Marie to transition into this new role with humour and determination, which caught the eye of the organizing committee for the 2008 MBC National Conference. *“Being a multiple-birth parent brings with it unique challenges that most Canadians don’t understand, Anne-Marie has brought attention to some of these issues by sharing her thoughts with Global TV viewers and National Post readers in a way we thought would appeal to delegates at the conference,”* commented Kimberley Weatherall, MBC Chair.

MBC is hosting the National Conference at the Markham Delta Hotel, October 16-19, 2008. This site was chosen as 40% of multiple pregnancies occur in Ontario with many of them in the Greater Toronto Area. Topics such as The Multiple Birth Experience: One Size Does Not Fit All, Losses in Multiple Births and Providing Appropriate Support, Learning Needs of Multiple-birth Students and Breastfeeding Guidelines and Best Practices for Hospital and Community are just a few of the workshops to be delivered by expert speakers from Canada and the United States. The National Conference will be attended by health care professionals (physicians, nurse practitioners, midwives, doulas, etc.), educators and child care providers as well as multiple-birth parents and volunteers.

MBC has supported multiple-birth families in Canada for 30 years, first as Parents of Multiple Births Association Canada (POMBA Canada) and since 2001 as MBC. It is the only national, non-profit, nongovernmental organization solely committed to improving the quality of life for multiple-birth individuals and their families in Canada. MBC’s mandate includes improving access to support, resources and informed care for multiples and their families, building stronger member chapters across Canada, and encouraging government and service providers to recognize the unique needs of multiples and their families and to provide appropriate services to them. For more information about MBC, call 1-866-228-8824 or visit the website at [www.multiplebirthscanada.org](http://www.multiplebirthscanada.org).

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#### **FOR MORE INFORMATION CONTACT:**

Gail Moore, Vice Chair & Director of Communications  
Toll Free: 1-866-228-8824  
[communications@multiplebirthscanada.org](mailto:communications@multiplebirthscanada.org)



## BACKGROUND

### ABOUT MULTIPLE BIRTHS CANADA

Multiple Births Canada (MBC) was originally formed as Parents of Multiple Births Association {POMBA} Canada in 1978, and was restructured as Multiple Births Canada in 2001. It is the only national support organization for multiple-birth families and individuals. Our mission is to improve the quality of life for multiple-birth individuals and their families in Canada, which we do by providing support, education, research, and advocacy to individuals, families, chapters, and organizations with a personal or professional interest in multiple-birth issues.

Multiple Birth Canada's dedicated volunteers work on behalf of Canada's multiple-birth community by:

- Improving the support networks and services available to multiple-birth individuals and their families across the country.
- Producing educational and informative publications, including a quarterly magazine *Multiple Moments*, a quarterly newsletter *Report From National*, and a wide variety of relevant booklets, pamphlets, and fact sheets
- Promoting stronger relationships between parents of multiples and professionals involved or interested in multiple-births issues (e.g., doctors, nurses, midwives, doulas, educators, researchers). This ensures that professionals are aware of the unique needs and concerns of multiple-birth families.
- Representing the Canadian multiple-birth community at national and international conferences, and in research, health promotion, and other related initiatives. These activities help raise awareness of multiple-birth issues and help to ensure that the needs and concerns of Canadian multiple-birth families are taken into account by researchers, government officials, and other professionals.
- Networking with other national organizations (e.g., the Society of Obstetricians and Gynaecologists of Canada, the Canadian Institute of Child Health, the Canadian Health Network, and Infertility Awareness Association of Canada) to promote multiple-birth issues within Canada. These organizations look to Multiple Births Canada to represent the Canadian multiple-birth community and provide input on key policies, programs, and proposals impacting multiple-birth families.
- Collaborating with international organizations such as the International Society for Twin Studies, the Council of Multiple Birth Organizations the National Organization of Mothers of Twins Clubs, and the Twins and Multiples Births Association to promote multiple-birth issues on the international stage. Such collaboration resulted in the often-cited *Declaration of Rights and Statement of Needs of Twins and Higher Order Multiples*.
- Consulting professionals who support multiple-birth families (e.g., physicians, nurses, prenatal instructors, educators, bereavement counselors) to ensure that the best and most up-to-date care is provided to all multiple-birth families.
- Advising local and national media on multiple-birth issues to ensure that the interests and concerns of multiple-birth families are accurately conveyed.
- Working with government agencies to enhance services, supports, and opportunities for multiple-birth individuals and their families.
- Sharing information and research findings with members through publications, emailed information circulars, the MBC website, and at Multiple Birth Canada's Annual General Meeting and Conference.
- Supporting the work of MBC Chapters across Canada.





**Anne-Marie Mediwake**  
**Co-anchor, News Hour**  
**Global News Ontario**

Anne-Marie Mediwake has a mixed up family.

“My mother is Scottish, my father Sri Lankan, my older sister was born in England, myself in Sri Lanka and my youngest sister in Saskatchewan. We are a true Canadian family”.

Anne-Marie began working in television as a teenager, writing and producing children and youth shows for a local cable station in Alberta.

“We were young, had free time, and 30 minutes to fill. It was like bad SCTV”.

She’s come a long way since then. Her passion for television continues in her latest role as co-anchor of the News Hour on Global.

In the 90’s Anne-Marie worked at various stations in Alberta, her home province, where she was eager to try everything related to television.

“I would volunteer for ridiculous hours, doing the shoots that no one else wanted, just to gain experience”.

Her focus and hard work paid off when she was offered a producing role for 100 Huntley Street in Toronto after overseeing the only interview with the Lang family; whose son was the sole victim in the Taber High School Shooting.

In 2001, Anne-Marie was chosen to host the national, Gemini award winning program 21C – for CTV. The investigative documentary program allowed her to travel throughout Canada and other countries probing topics like Cuban defectors and Rwandan refugees. While at CTV, Anne-Marie also reported for CTV National, Canada AM and Newsnet including coverage of the Papal Visit and SARS.

In 2004 Anne-Marie joined the Global News team to work with Leslie Roberts and anchor the Noon News. When the Tsunami hit Sri Lanka, her birth country, Mediwake, a small crew and her father traveled to the devastated region and produced “A Journey Home”, a one hour national documentary. She chronicled her experiences in a weekly column for The National Post.

After anchoring the Morning News, one of her favorite jobs to date, Mediwake reset her alarm clock and joined Leslie Roberts on the stations flagship newscast.

In 2007, Anne-Marie experienced her greatest success – she gave birth to triplets. Her popular weekly column in The National Post shared her humorous journey through pregnancy and self-described awkward entry into motherhood.

Mediwake has been nominated for Canada’s Top 35 Under 35. She is a spokesperson for Your Life Counts a teen suicide prevention organization, and POGO, Pediatric Oncology Group of Ontario. Her leadership and creativity have allowed her to be voted Leading Women in 2004 and co-producer of a children’s workshop using dance, drama and puppets to bring self esteem and leadership to kids.

She and her husband reporter Darryl Konynenbelt, co-wrote and produced ‘A Delightful Inheritance’, a documentary tracing the history of Dutch immigration to Canada.



**30th ANNIVERSARY**  
**SUPPORTING MULTIPLE BIRTHS TOGETHER**

**2008 Annual General Meeting &  
National Conference  
October 16-19, 2008**



***Supporting Canada's  
multiple-birth  
community for 30 years.***



**The MBC Board of Directors and national volunteers  
invite you to join them and Canada's multiple-birth  
community as they host this exciting conference.**

**[www.multiplebirthscanada.org](http://www.multiplebirthscanada.org)**

**1-866-228-8824**

# 2008 Annual General Meeting & National Conference Information



## Full Conference Fee includes:

4 Keynote Speakers (full group), choice of 4 workshops from 16, 3 hot breakfasts, 2 lunches, 4 health breaks, pizza party, 30th anniversary banquet & dance, hospitality suite, resource centre, vendor showcase, conference booklet and delegate bag.

## Registration

Registration fees and details are found on page 5. Payment is required in advance as indicated and is **due by September 1st, 2008**. Please register upon arrival. The registration desk will be in the Mezzanine on the 2nd floor on Thursday night and Friday and Saturday mornings.

## Hotel Accommodations

The Delta Markham is located at 50 East Valhalla Drive in Markham—corner of Hwy 7 just east of Hwy 404. 25 min. to Pearson Airport, 15 min. to Vaughan Mills Mall, 25 min. to downtown Toronto. Delegates must make their own reservations directly with the hotel **by September 23rd, 2008**. Reservations can be made by calling the toll free line 1-800-268-1133 or by calling the hotel directly at 905-477-2010—mention *Multiple Births Canada* when booking your room to receive your special group rate (incl. hi-speed internet access). 3 choices: Delta \$110, Premier \$115, Suites \$140. Prices quoted are for single/double occupancy. Each additional person is \$15 per night.

**Workshop programming is geared to Professionals, Parents, Volunteers/Chapters with an interest in multiple-births.**

## Our Presenters for the 2008 National Conference are:

**Friday, October 17th, 2008**



**Special Guest Speaker Anne-Marie Mediwake – Welcome to the World of Multiples (Opening Address)** Anne-Marie is the co-anchor of The News Hour on Global. In 2007, with her husband reporter Darryl Konynenbelt, Anne-Marie experienced her greatest success—giving birth to triplets. Her popular weekly column in The National Post shared her humorous journey through pregnancy and self-described awkward entry into motherhood.

**KEYNOTE #1 - Dr. Vyta Senikas – MBC and the SOGC – Supporting Canada's Multiple-birth Community Together** Dr. Senikas is the Associate Executive Vice-President of the Society of Obstetricians and Gynaecologists of Canada (SOGC). Her address will examine the care needed and provided by Canada's health care system to those expecting multiple births, touching on the latest research in this field and sharing SOGC's guidelines for multiple-birth Best Practices. In addition, following on MBC's 2008 National Multiple Births Awareness theme Dr. Senikas will address the impact of IVF technologies on multiple pregnancies.



**W #F1 - Karen Kerkhoff Gromada – One Size Does NOT Fit All** Karen authored *Mothering Multiples: Breastfeeding and Caring for Twins or More* and co-authored *Parenting Multiples*. Her realistic presentation includes a discussion on strategies for assisting multiple-birth couples to partner with obstetrical care providers and potential postnatal support systems in order to attain their perinatal goals.

**W #F2 - Dr. Jon (Yosef) Barrett – The Term Twin and the Toronto Centre for Multiple Births** Dr. Barrett is the Chief of Maternal Fetal Medicine at Sunnybrook, Associate Professor at the University of Toronto, Director of the Ante Natal Multiples Clinics at Sunnybrook and Women's College and a valued MBC Advisory Board Member. His workshop looks at the latest medical information on the special issues relating to the management of the Term Twin.

**W #F3 - Lynda P. Haddon – Losses in Multiple Birth: How Caregivers Can Provide Appropriate Support** Lynda Haddon has over 20 years of experience supporting grieving multiple-birth families. Lynda has many roles as an MBC national volunteer including Loss Support Network Chair, and is a past President of MBC (formerly POMBA Canada). Her workshop describes the types of multiple birth loss and examines the short and long-term effects of these losses as well as ideas for providing appropriate support.

**W #F4 - Debbie Wang – Us and Them** Debbie is a Waterloo Public Health social worker, therapeutic counsellor and parenting workshop facilitator. Based on the *Bringing Baby Home* program by John Gottman, PhD and the Relationship Research Institute in Seattle, this workshop teaches multiple-birth couples how to strengthen their friendship, increase intimacy, regulate conflict and how to build a "relationship house".

**KEYNOTE #2 - Patricia Malmstrom – The Art of Parenting Twins and the Joy of Watching them Fledge the Nest** Patricia is an internationally recognized authority on multiples, a mother of four adult children, including monozygotic twins and an MBC Advisory Board Member. Her presentation examines the highs and lows of twinshock, the abiding myths about multiples and twin-specific dynamics as children grow from infants to adults.



**W #F5 - Dr. John R. Mascazine – Learning Needs of Multiple-Birth Students** Dr. Mascazine is an associate professor of education at Ohio Dominican University. He has studied how twins and multiple-birth children learn since 1994. His presentation includes research highlighting the unique needs and abilities of multiple-birth students and practical advice for administrators, teachers and parents to help them make informed decisions.

**W #F6 - Dr. Jon (Yosef) Barrett – The Term Twin and the Toronto Centre for Multiple Births** for those of you who missed it during the first round of workshop options, here's another chance to hear about the latest medical information on the special issues relating to the management of the Term Twin.

Continued...

# 2008 Annual General Meeting & National Conference Information (cont'd)



## Hospitality Suite

Visit the Mocha Room on the 3rd floor to take part in the fun and games that will be happening whenever the doors are open! Thursday night—Meet & Greet, Friday night—Pizza Party, Saturday night—post 30th Anniversary Celebration fun!

## Vendor Showcase

MBC is excited to offer a Vendor Showcase from 4pm till 7pm on Friday evening in the Ballroom Foyer. The Vendors participating will be listed on the MBC website as they confirm their tables. Tables are \$50 each. To become a vendor contact Heather at:

vendors@  
multiplebirthscanada.org

## Silent Auction

Bring along some cash and bid on the fantastic items Theresa & Janice—from our Barrie Chapter—have been able to secure. Don't go home empty-handed!

To donate items for the Silent Auction, please contact Theresa at:

sanderst@rogers.com



**P O M B A C a n a d a**  
**(Parents of Multiple Births Association of Canada) was founded in 1978 by Sheryl McInnes in Calgary, Alberta.**

**W #F7 - Laura Crouse – Breastfeeding Multiples Guidelines – Best Practices for Hospital and Community** Laura is a staff nurse and has worked in the care-room and breastfeeding shop. She also teaches "Preparing for the Birth of Multiples" in the Prenatal Education Department and she is an MBC Advisory Board Member. Her workshop will highlight best practices for breastfeeding multiples and is geared to professionals and volunteers.

**W #F8 - Dr. Cathy Barr – Risk Management 101** Dr. Barr is the Director of Imagine Canada's Insurance & Liability Resource Centre for Non-profits, the mother of monozygotic twin boys and an MBC Advisory Board Member. In this interactive workshop you will learn how to identify the key risks facing your multiple-birth chapter and develop a plan to manage these risks.

**Saturday, October 18th, 2008**

**KEYNOTE #3 – Karen Kerkhoff Gromada – One Size Does NOT Fit All** For those of you who missed it during the first round of workshop options, here's another chance to hear Karen as she enhances her presentation from Friday (see W #F1), giving everyday strategies to parents of multiples.



**W #S1 - Patricia Malmstrom – Zygoty Matters** Pat will focus on zygoty and the twin relationship. Participants can share personal experiences and insights to gain useful perspectives on different family situations and the ways that the multiples' zygoty affects their lives.

**W #S2 - Dr. John R. Mascazine – Learning Needs of Multiple-Birth Students** for those of you who missed it during Friday's workshop options, here's another chance to hear about research highlighting the unique needs and abilities of multiple-birth students and practical advice for administrators, teachers and parents to help them make informed decisions.

**W #S3 - Spencer Brennan – Volunteers: Get 'em, Build 'em, Keep 'em** Spencer coordinates the Ontario Self-Help Network at the Self-Help Resource Centre of Toronto. In this interactive workshop participants will – explore how relationships are central to all aspects of volunteer management; learn the basics of the volunteer management cycle; and gain practical ideas for building your local chapter.

**W #S4 - Karen Melnick – Your Child's Health & Wellness: Parents as Advocate and Guardian Angel!** Karen learned through personal and professional experience that parents can make a difference in their child's health and wellness! This is not a medical presentation. Rather, the focus is on parents learning to actively manage their child's health and wellness.

**W #S5 - Karen Kerkhoff Gromada – Falling in Love Times Two, Three or More - Attachment Formation** Karen will discuss the challenges of forming attachments with multiple infants simultaneously, the various "pictures" attachment with multiples may present as, and strategies for reassuring parents and developing a deeper attachment with one or more multiple infants.

**W #S6 - Vera C. Teschow – Reading Magic with Twins and More** Vera is a professional educator and mother of monozygotic twins. This session is geared towards parents of older babies and toddlers and will focus on language development and reading. It will look at research on toddlers in general and twins/multiples in particular.

**W #S7 - CHAPTER EXCHANGE – Programs, resources and initiatives that work!** Fantastic opportunity for Multiple Births Canada member Chapters to connect and learn what works and what does not.

**W #S8 - CHAPTER EXCHANGE – Clothing Sales and other fundraising ideas!** Most MBC member Chapters are experts at running their local Clothing Sales but others are looking for new technology to help the volunteers and vendors as well as other fundraising ideas.

**Sunday, October 19th, 2008**

**KEYNOTE #4 - Jo-Anne Cutler – Conscious Multiple-birth Parenting** Joanne is an author, speaker, awareness coach and radio talk show host. Jo-Anne is a passionate voice for children; building awareness of what we teach them by our example, inspiring and empowering others to be conscious and connected parents, teachers and role models. This presentation will get you pumped and ready to make a difference!



# 2008 Annual General Meeting & National Conference Conference Schedule



## Thursday, October 16, 2008

9:00am-5:00pm **MBC Board of Directors Meeting**  
 6:30pm-8:30pm **Registration** (Mezzanine 2nd floor)  
 8:00pm-midnight **Meet & Greet Welcome Reception**  
 in Hospitality Suite

## Friday, October 17, 2008

7:30-8:30am **Registration** (Mezzanine 2nd floor)  
 7:30-8:30am **Breakfast**  
 8:30-9:30am **Opening Ceremonies/Welcome**  
 Mayor of Markham: Frank Scarpitti  
 Chair of MBC: Kimberley Weatherall,  
 Special Guest Speaker: Anne-Marie Mediwake,  
 Global News Reporter—Welcome to the  
 World of Multiples!  
 9:30-10:45am **Keynote #1-Dr. Vyta Senikas, SOGC**  
 MBC and the SOGC—Supporting Canada's  
 Multiple-birth Community Together  
 10:45-11:00am **Health Break**  
 11:00-12:15pm **W F#1-Karen Kerkhoff Gromada, RN**  
 The Multiple-Birth Experience: One Size  
 Does NOT Fit All  
**W F#2-Dr. Jon Barrett**  
 The Term Twin & Centre for Multiple-births  
**W F#3-Lynda P. Haddon**  
 Losses in Multiple Births and Providing  
 Appropriate Support  
**W F#4-Debbie Wang**  
 Keeping the Spark—"Us and Them"  
 12:15-1:15pm **Lunch**  
 1:15-2:30pm **Keynote #2-Patricia Malmstrom**  
 The Art of Parenting Twins and the Joy of  
 Watching Them Fledge the Nest  
 2:30-2:45pm **Health Break**  
 2:45-4:00pm **W F#5-Dr. John R. Mascazine**  
 Learning Needs of Multiple-birth Students  
**W F#6-Dr. Jon Barrett**  
 The Term Twin & Centre for Multiple-births  
**W F#7-Laura Crouse, RN**  
 Breastfeeding Multiples Guidelines and  
 Best Practices for Hospital and Community  
**W F#8-Dr. Cathy Barr**  
 Chapters—Risk Management 101  
 4:00-7:00 **Vendor Showcase**—Free time  
 7:00-midnight **Pizza Party** in Hospitality Suite  
 or Free time - own dinner

## Saturday, October 18, 2008

8:00-9:00am **Breakfast & AGM Registration**  
 9:00-10:45am **Annual General Meeting** (Members only)  
 10:45-11:00am **Health Break & One Day Registration**  
 11:00-12:30pm **Keynote #3-Karen Kerkhoff Gromada, RN**  
 The Multiple-Birth Experience: One Size  
 Does NOT Fit All (enhanced from Friday)  
 12:30-1:30pm **Lunch**  
 1:30-2:45pm **W S#1-Patricia Malmstrom, author**  
 Zygoty Matters  
**W S#2-Dr. John R. Mascazine**  
 Learning Needs of Multiple-birth Students  
**W S#3-Spencer Brennan**  
 Volunteers-Get 'em, Build 'em, Keep 'em  
**W S#4-Karen Melnick, RN, author**  
 Your Child's Health & Wellness: Parents as  
 Advocate and Guardian Angel!  
 2:45-3:00pm **Health Break**  
 3:00-4:30pm **W S#5-Karen Kerkhoff Gromada, RN**  
 Falling in Love Times Two, Three or More  
 - Attachment Formation  
**W S#6-Vera C. Teschow**  
 Reading Magic with Twins and More  
**W S#7-Chapter Exchange**—Programs,  
 resources & initiatives that work!  
**W S#8-Chapter Exchange**—Clothing Sales  
 and other fundraising ideas!  
 3:00-5:00pm (Members only)  
 Until 7:00pm **Free time**  
 7:00-end **30th Anniversary Banquet** Celebrations,  
 Dinner, Recognition Awards & Dancing  
 until midnight **Hospitality Suite**

## Sunday, October 19, 2008

9:00am **Breakfast**  
 9:30-10:30am **Keynote #4-Jo-Anne Cutler**  
 Conscious Multiple-birth Parenting  
 10:30-11:30am **Closing Ceremonies**

### MBC Annual General Meeting (Full Group Session)

This session is a must for all member delegates. Every member of MBC has a vote at the Annual General Meeting. Do not miss this opportunity to learn about the latest MBC projects and initiatives and have your say on the future of MBC. All delegates should contact their MBC representative prior to the conference and become familiar with materials presented for the AGM. Members should submit agenda items to the MBC Chair by October 3, 2008, at [chair@multiplebirthscanada.org](mailto:chair@multiplebirthscanada.org).

### MBC's Mission Statement:

**To improve the quality of life for multiple-birth individuals and families in Canada.**

# 2008 Annual General Meeting & National Conference Registration Form



Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Prov.: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Tel: \_\_\_\_\_

Email: \_\_\_\_\_

**Are you a member of MBC?**  Yes  No  
If yes, please state your affiliation \_\_\_\_\_

Chapter/Affiliation: \_\_\_\_\_

Position Held (if applicable): \_\_\_\_\_

Type of Multiples:  
 Twins  Triplets  Quadruplets  Quintuplets  
 Monozygotic (identical)  Dizygotic (fraternal)  
 Trizygotic  Quadrazygotic  Quinrazygotic

Name, Age and Sex of Multiples: \_\_\_\_\_

Name, Age and Sex of Other Children: \_\_\_\_\_

Do your children have any disabilities?  Yes  No

Have you suffered a loss?  Yes  No

First-Time Attendee of an MBC Conference?  Yes  No

**DELEGATE REGISTRATION FEE—Deadline is September 1, 2008**  
**Payment must accompany this conference registration**  
**\*NOTE: A \$25 late fee will be charged if postmarked after Sept. 1/08**  
**\*\*NOTE: A \$10 Admin. Fee will be added if paying online**

The conference fee covers attendance at 4 full group keynote sessions, choice of 4 workshops, 3 hot breakfasts, 2 lunches, 4 health breaks, pizza party, 30th anniversary banquet celebrations, hospitality suite, resource centre, vendor showcase, conference booklet and delegate bag.

**\$200 MBC Member All-Inclusive**  
 **\$250 Non-Member All-Inclusive (MBC membership is \$30)**  
 for more information on MBC membership visit our website

**One Full Day Only Fee— Friday or  Saturday**  
 This fee includes breakfast, 2 full group keynote sessions, 2 workshops, 2 health breaks and lunch (supper not included).

**\$75 MBC Member One Full Day Only**  
 **\$100 Non-Member One Full Day Only**

**One Half Day Only Fee— Friday Morning or  Friday Afternoon**  
 This fee includes 1 full group keynote session, 1 workshop and 1 health break (breakfast, lunch & supper meals not included).

**\$50 MBC Member One Half Day Only**  
 **\$65 Non-Member One Half Day Only**

**Friday Morning, October 17th Workshops**

	1st Choice	2nd Choice
Workshop F#1	<input type="checkbox"/>	<input type="checkbox"/>
Workshop F#2	<input type="checkbox"/>	<input type="checkbox"/>
Workshop F#3	<input type="checkbox"/>	<input type="checkbox"/>
Workshop F#4	<input type="checkbox"/>	<input type="checkbox"/>

**Friday Afternoon, October 17th Workshops**

	1st Choice	2nd Choice
Workshop F#5	<input type="checkbox"/>	<input type="checkbox"/>
Workshop F#6	<input type="checkbox"/>	<input type="checkbox"/>
Workshop F#7	<input type="checkbox"/>	<input type="checkbox"/>
Workshop F#8	<input type="checkbox"/>	<input type="checkbox"/>

**Saturday Morning, October 18th Workshops**

	1st Choice	2nd Choice
Workshop S#1	<input type="checkbox"/>	<input type="checkbox"/>
Workshop S#2	<input type="checkbox"/>	<input type="checkbox"/>
Workshop S#3	<input type="checkbox"/>	<input type="checkbox"/>
Workshop S#4	<input type="checkbox"/>	<input type="checkbox"/>

**Saturday Afternoon, October 18th Workshops**

	1st Choice	2nd Choice
Workshop S#5	<input type="checkbox"/>	<input type="checkbox"/>
Workshop S#6	<input type="checkbox"/>	<input type="checkbox"/>
Workshop S#7	<input type="checkbox"/>	<input type="checkbox"/>
Workshop S#8	<input type="checkbox"/>	<input type="checkbox"/>

**Special Requirements**  
 Please indicate any special needs: Dietary or Physical \_\_\_\_\_

**Additional Accompanying Person Fee**  
 This fee is for one other person to accompany you at the 30th Anniversary Banquet Celebrations on Saturday. This fee does not allow that person to enter the workshops.

**\$40 Extra 30th Anniversary Banquet ticket**  
 Additional Person's Name: \_\_\_\_\_

**Total Registration Fee/One Day or Half Day Fee/  
 Accompanying Person Fee  
 (remember: add \$25 if postmarked after Sept.1/08)**

\$ \_\_\_\_\_

**Mail completed form and payment to:**  
**Multiple Births Canada**  
 PO Box 432  
 Wasaga Beach, ON L9Z 1A4

**OR**

**Email or mail form after making online payment to:**  
 office@multiplebirthscanada.org