



UNIVERSITY OF BRITISH COLUMBIA
School of Nursing

MOTHERS NEEDED FOR RESEARCH INTO PRETERM INFANTS' NIGHT SLEEP PATTERNS

We are looking for volunteers to take part in a study about
Mothers' feelings about being a mother and premature infants' night sleep patterns



YOU ARE ELIGIBLE IF

- ✓ Mothers of preterm infants (Singletons or multiples) who were born between **28-36** weeks of gestation & had birth weight of more than **1 kg**.
- ✓ Healthy preterm infants
- ✓ Preterm infant is **NOT** currently receiving therapy for sleep problems from health care providers.
- ✓ Mothers who are **NOT** currently diagnosed with depression.

*In appreciation for your time, you will be entered in a draw for 4 gifts each worth
100 dollars*

**Mothers can be recruited from the period extending from July 2008 to June 2009.
If you are eligible to be in the study but your infant is still too young, we can put
you on a wait list and contact you closer to the time when your infant
is 5-6 months corrected of age.**

IF YOU ARE INTERESTED IN PREMATURE INFANT SLEEP STUDY



You will be asked to answer an anonymous survey questionnaire which takes approximately 30 minutes of your time. You may choose to fill out the online survey



you may choose to fill out mail surveys and for more information about premature infant sleep study please contact: **Co-Investigator** at **604-221-4938** OR e-mail to:
reemjuma@interchange.ubc.ca