

# Publications Order Form

from Multiple Births Canada / Naissances multiples Canada



## Multiple Births Canada Booklets

### Expectant and New Parents

- Helping Hands & Multiple Birth Families \_\_\_\_\_ @\$3.00
- Multiples and Safety \_\_\_\_\_ @\$8.00
- Multiples in School \_\_\_\_\_ @\$5.00
- Multiples with Special Needs \_\_\_\_\_ @\$7.00
- Nursing Your Infant Twins \_\_\_\_\_ @\$7.00
- Single Parents of Multiples \_\_\_\_\_ @\$5.00
- Singleton Siblings of Multiples \_\_\_\_\_ @\$5.00
- Special Delivery: Triplets, Quads, Quints \_\_\_\_\_ @\$11.00
- Twin Care: Prenatal to Six Months \_\_\_\_\_ @\$7.00
- Twins: Toddler & Preschool \_\_\_\_\_ @\$7.00

### En français

- Jumeaux soin: Prénatal à six mois \_\_\_\_\_ @\$7.00
- Les frères ou sœurs de multiples \_\_\_\_\_ @\$5.00

### Bereavement

- The Loss of a Multiple: Miscarriage, Stillbirth, Infancy \_\_\_\_\_ @\$4.00
- The Loss of a Multiple: Childhood, Teens \_\_\_\_\_ @\$4.00
- The Loss of a Multiple: The Role of a Parents of Multiples Club \_\_\_\_\_ @\$4.00

### En français

- La mort d'un jumeau: Fausse-couche, mort-né et nouveau-né \_\_\_\_\_ @\$4.00
- La mort d'un jumeau: Enfance adolescence \_\_\_\_\_ @\$4.00

### Library Pack (1 of each title)

- \_\_\_\_\_ @\$75.00

## Multiple Births Canada Fact Sheets

### Expectant & New Parents \* \$1.00 each

- Bedrest \_\_\_\_\_
- Breastfeeding & Thrush NEW 7/09 \_\_\_\_\_
- Breastfeeding Multiples: Are my babies getting enough breast milk? \_\_\_\_\_
- Breastfeeding Multiples: 11 Tips for Breastfeeding Your Multiples \_\_\_\_\_
- Breastfeeding Multiples and Fathers/Partners \_\_\_\_\_
- Breastfeeding Multiples: Nipple Pain & Vasospasm \_\_\_\_\_
- Breastfeeding Multiples: Resources \_\_\_\_\_
- Breastfeeding Premature Multiples \_\_\_\_\_
- Breastfeeding Multiples: Pumping Tips \_\_\_\_\_
- Breastfeeding Multiples: Storing Breast Milk \_\_\_\_\_
- Breastfeeding Multiples: Transporting Breast Milk to the NICU \_\_\_\_\_
- Breastfeeding Multiples: Tips on Fitting a Nursing Bra \_\_\_\_\_
- Car Seat Tips REVISED 6/09 \_\_\_\_\_
- Car Seats (Used) \_\_\_\_\_
- Clothing & Equipment - Twins & Triplets REVISED 5/09 \_\_\_\_\_
- Clothing & Equipment - Quadruplets & Quintuplets REVISED 5/09 \_\_\_\_\_
- Co-bedding and Multiples \_\_\_\_\_
- Dad's and Partner's Role REVISED 5/09 \_\_\_\_\_
- Development in Utero \_\_\_\_\_
- Expectant Mom Tips \_\_\_\_\_
- First Few Weeks \_\_\_\_\_
- Higher Order Multiples \_\_\_\_\_
- Low Birth Weight & Preterm Multiple Births: A Canadian Profile-for professionals \_\_\_\_\_
- Multifetal Pregnancy Reduction \_\_\_\_\_
- Nutritional Guide for Multiple Birth Pregnancy \_\_\_\_\_
- Occipital Plagiocephaly of Positional Origin \_\_\_\_\_
- Parental Relationships After Multiple Births NEW 9/09 \_\_\_\_\_
- Possible Risks of a Multiple Birth Pregnancy \_\_\_\_\_
- Post Partum Depression and Mothers of Multiples \_\_\_\_\_
- Preterm and Low Birth Weight - for parents \_\_\_\_\_
- Safety Tips for Parents of Multiples \_\_\_\_\_
- Signs and Symptoms of Preterm Labour \_\_\_\_\_
- Singleton Siblings of Multiples \_\_\_\_\_
- Strollers \_\_\_\_\_
- Toilet Training \_\_\_\_\_
- Twin to Twin Transfusion Syndrome \_\_\_\_\_
- Weaning Multiples NEW 6/09 \_\_\_\_\_
- What to Bring to the Hospital \_\_\_\_\_
- You're Having Multiples! \_\_\_\_\_

### En français

- Est-ce que mes bébés reçoivent assez de lait maternel? \_\_\_\_\_
- 10 Conseils pour allaiter vos multiples \_\_\_\_\_

## Multiple Births Canada Fact Sheets continued

- Des conseils pour l'expression du lait maternel \_\_\_\_\_
- Insuffisance de poids à la naissance et naissances multiples prématurées : Profil Canadien (pour professionnel) \_\_\_\_\_
- Nouvelle nutritives \_\_\_\_\_
- Prématurés et faible poids à la naissance \_\_\_\_\_
- Recommandation de siège a voiture \_\_\_\_\_
- Signal d'alarme du travail prématuré \_\_\_\_\_
- Vêtements et équipements - jumeaux et triplés \_\_\_\_\_
- Vêtements et équipements - quadruplés et quintuplés \_\_\_\_\_

### Bereavement \* \$1.00 each

- Grief - How can I Help? \_\_\_\_\_
- Grieving Grandparents \_\_\_\_\_
- Holidays and Grief \_\_\_\_\_
- How to Help Yourself? - Dealing with Grief \_\_\_\_\_
- Loss and Grief: Statement of Rights NEW 7/09 \_\_\_\_\_
- Loss of One, More or All Babies \_\_\_\_\_
- Loss Support Organizations \_\_\_\_\_
- Loss Reading List \_\_\_\_\_
- Memorial Ideas \_\_\_\_\_
- Multifetal Pregnancy Reduction \_\_\_\_\_
- When to Begin Trying Again: Pregnancy After Loss \_\_\_\_\_
- Suggestions for Widows/Widowers \_\_\_\_\_
- Talking with Your Children About Death \_\_\_\_\_
- Twin to Twin Transfusion Syndrome \_\_\_\_\_
- Vanishing Twin Syndrome \_\_\_\_\_
- When a Multiple Birth Parent Dies \_\_\_\_\_

### En français

- La perte à la naissance de multiples \_\_\_\_\_

### General Interest \* \$1.00 each

- Biology of Multiples \_\_\_\_\_
- Dealing with the Media \_\_\_\_\_
- Declaration of Rights, Statement of Needs of Twins & HOM \_\_\_\_\_
- Incidence of Multiple Births \_\_\_\_\_
- Multiple Birth Facts & Figures \_\_\_\_\_
- Multiples in School - Parent Tips REVISED 4/09 \_\_\_\_\_
- Multiples in School - A Guide for Educators REVISED 4/09 \_\_\_\_\_
- Multiple Birth Terminology \_\_\_\_\_
- Multiple Births Canada and You! (en français svp ) \_\_\_\_\_ N/C
- Who Gets the Car? \_\_\_\_\_
- Zygosity Testing \_\_\_\_\_

### En français

- Renseignements et statistiques sur les naissances multiples REVISÉ 4/09 \_\_\_\_\_
- Multiples et l'école-Un guide pour des éducateurs REVISÉ 4/09 \_\_\_\_\_
- Multiples et l'école-Bouts de parent \_\_\_\_\_

### Lone Parenting \* \$1.00 each

- Assisting Your Children in Handling Separation & Divorce \_\_\_\_\_
- Military Spouses \_\_\_\_\_
- Lone Parenting Multiples \_\_\_\_\_
- Lone Parent Reading List \_\_\_\_\_
- Lone Parent Resources \_\_\_\_\_

### En français

- Assistez vos enfants à gérer une situation de séparation ou de divorce \_\_\_\_\_

### Special Needs \* \$1.00 each

- Special Needs Financial Resources 3/09 \_\_\_\_\_
- Special Needs Resources \_\_\_\_\_
- Special Needs: Cerebral Palsy \_\_\_\_\_
- 100 Fact Sheets - (1 topic) \* \$40.00 each \_\_\_\_\_

topic: \_\_\_\_\_

## Multiple Births Canada Pamphlets

### Pamphlets \$1.00 each

- MBC Loss Support \_\_\_\_\_ N/C
- Breastfeeding Twins \_\_\_\_\_
- Breastfeeding Triplets & Quadruplets \_\_\_\_\_
- Multiple Pregnancy \_\_\_\_\_
- MBC - Supporting Multiple Births Together (bilingual) \_\_\_\_\_ N/C
- 100 Pamphlets - (1 topic) \* \$45.00 each set \_\_\_\_\_

topic: \_\_\_\_\_

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# Publications Order Form continued

## Multiple Births Canada Support Kits

### Multiple-Birth Support Kit for Expecting or New Parents

An assortment of Fact Sheets, Pamphlets, a complimentary issue of *Multiple Moments*, and 3 Booklets. Note: Includes all information from Breastfeeding Support Kit.

Expecting or New Parents Support Kit  \$40.00  
 Select:  Parents of Twins  Parents of Triplets or More

### Breastfeeding Support Kit

Created for new or expectant parents and professionals. This kit contains an assortment of Fact Sheets, Pamphlets, a complimentary issue of *Multiple Moments*, and 3 Booklets.

Breastfeeding Support Kit  \$25.00

### Bereavement Support Kit

For anyone involved in the loss of multiples. Includes Fact Sheets, Loss Reading List, Bereavement Resource Organizations, three Loss booklets and related multiple-birth statistics.

Bereavement Support Kit  \$25.00

### Lone Parent Support Kit

This important kit contains two booklets, and several Fact Sheets that cover several areas of a single parent's experiences, as well as interesting and informative resources on multiples and their families, and a complimentary issue of *Multiple Moments*.

Lone Parent Support Kit  \$20.00

### Multiples in School Support Kit

This kit contains useful information on placement issues, including two copies of the Multiples in School booklet, one to keep and one to give to your children's educators.

Multiples in School Support Kit  \$25.00

### Professionals' Support Kit

This latest kit is designed to assist professionals who work with multiples and their families.

Professionals' Support Kit  \$25.00

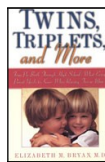
### Starting a Multiple Births Canada Chapter Support Kit

All the information needed to start a multiples chapter.

"Coming Together" Package  \$25.00

(Support Kit content lists can be found online at [www.multiplebirthscanada.org](http://www.multiplebirthscanada.org) under Publications)

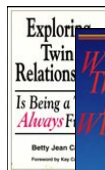
## By other Publishers & Authors



**Twins, Triplets, and More** - ISBN 0-312-19533-8, 1999

By Dr. Elizabeth Bryan, founder of the Multiple Births Foundation, UK. Dr. Bryan has been a keynote speaker at several different Multiple Births Canada events over the years.

Twins, Triplets, and More  \$15.00



### Books by Betty Jean Case

Betty Jean Case has been a guest speaker at past conferences. She is also a dizygotic twin and has twin brothers and twin grandsons.

We Are Twins, But Who Am I  \$18.00

Exploring Twin Relationships:

Is Being a Twin Always Fun?  \$16.00

### Finding Our Way - Life with Triplets, Quadruplets and Quintuplets, TQQ - 2001

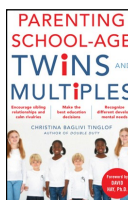


A Canadian collection of real life stories from families with triplets, quadruplets or more. This is a must have book for any family with multiples. You will laugh, you will cry, you will want to share this one of a kind book with your friends and family.

Finding Our Way  \$25.00

**Now \$20**

### Parenting School-Age Twins and Multiples - 2007



By Christina Tinglof, author of Double Duty. Make the best education decisions; recognize different developmental needs; encourage sibling relationships and calm rivalries.

Parenting School-Age Twins & Multiples  \$20.95

### Members discount

**Members of Multiple Births Canada** receive a 20% discount on all publications, including books that are not published by Multiple Births Canada.

### Quantity discount

Receive additional 10% discount on orders \$500 or more after Member Discount

## Publications Order Form Summary

Complete the Publications Order Form and Summary and mail with payment, to Multiple Births Canada, PO Box 432, Wasaga Beach, ON, Canada L9Z 1A4. Please make your cheque or money order payable to **Multiple Births Canada**.

Name: \_\_\_\_\_  
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Total value of products ordered: \$ \_\_\_\_\_  
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\*Applicable on orders totaling more than \$500.00 after Member Discount

Shipping and handling charges:  
 \$0-25 = \$4 \$26-40 = \$6 \$41-100 = \$10 \$ \_\_\_\_\_  
 \$101-200 = \$15 \$201+ = \$25 \$ \_\_\_\_\_  
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**TOTAL:** \$ \_\_\_\_\_

For office use only: payment rec'd  order filled  order mailed on: \_\_\_\_\_