

Publications Order Form

from Multiple Births Canada / Naissances multiples Canada



Multiple Births Canada Booklets

Expectant and New Parents

- Helping Hands & Multiple Birth Families _____ @\$3.00
- Multiples and Safety _____ @\$8.00
- Multiples in School _____ @\$5.00
- Multiples with Special Needs _____ @\$7.00
- Nursing Your Infant Twins _____ @\$7.00
- Single Parents of Multiples _____ @\$5.00
- Singleton Siblings of Multiples _____ @\$5.00
- Special Delivery: Triplets, Quads, Quints _____ @\$11.00
- Twin Care: Prenatal to Six Months _____ @\$7.00
- Twins: Toddler & Preschool _____ @\$7.00

En français

- Jumeaux soin: Prénatal à six mois _____ @\$7.00
- Les frères ou sœurs de multiples _____ @\$5.00

Bereavement

- The Loss of a Multiple: Miscarriage, Stillbirth, Infancy _____ @\$4.00
- The Loss of a Multiple: Childhood, Teens _____ @\$4.00
- The Loss of a Multiple: The Role of a Parents of Multiples Club _____ @\$4.00

En français

- La mort d'un jumeau: Fausse-couche, mort-né et nouveau-né _____ @\$4.00
- La mort d'un jumeau: Enfance adolescence _____ @\$4.00

Library Pack (1 of each title)

- _____ @\$75.00

Multiple Births Canada Fact Sheets

Expectant & New Parents * \$1.00 each

- Bedrest _____
- Breastfeeding & Thrush NEW 7/09 _____
- Breastfeeding Multiples: Are my babies getting enough breast milk? _____
- Breastfeeding Multiples: 11 Tips for Breastfeeding Your Multiples _____
- Breastfeeding Multiples and Fathers/Partners _____
- Breastfeeding Multiples: Nipple Pain & Vasospasm _____
- Breastfeeding Multiples: Resources _____
- Breastfeeding Premature Multiples _____
- Breastfeeding Multiples: Pumping Tips _____
- Breastfeeding Multiples: Storing Breast Milk _____
- Breastfeeding Multiples: Transporting Breast Milk to the NICU _____
- Breastfeeding Multiples: Tips on Fitting a Nursing Bra _____
- Car Seat Tips REVISED 6/09 _____
- Car Seats (Used) _____
- Clothing & Equipment - Twins & Triplets REVISED 5/09 _____
- Clothing & Equipment - Quadruplets & Quintuplets REVISED 5/09 _____
- Co-bedding and Multiples _____
- Dad's and Partner's Role REVISED 5/09 _____
- Development in Utero _____
- Expectant Mom Tips _____
- First Few Weeks _____
- Higher Order Multiples _____
- Low Birth Weight & Preterm Multiple Births: A Canadian Profile-for professionals _____
- Multifetal Pregnancy Reduction _____
- Nutritional Guide for Multiple Birth Pregnancy _____
- Occipital Plagiocephaly of Positional Origin _____
- Parental Relationships After Multiple Births NEW 9/09 _____
- Possible Risks of a Multiple Birth Pregnancy _____
- Post Partum Depression and Mothers of Multiples _____
- Preterm and Low Birth Weight - for parents _____
- Safety Tips for Parents of Multiples _____
- Signs and Symptoms of Preterm Labour _____
- Singleton Siblings of Multiples _____
- Strollers _____
- Toilet Training _____
- Twin to Twin Transfusion Syndrome _____
- Weaning Multiples NEW 6/09 _____
- What to Bring to the Hospital _____
- You're Having Multiples! _____

En français

- Est-ce que mes bébés reçoivent assez de lait maternel? _____
- 10 Conseils pour allaiter vos multiples _____

Multiple Births Canada Fact Sheets continued

- Des conseils pour l'expression du lait maternel _____
- Insuffisance de poids à la naissance et naissances multiples prématurées : Profil Canadien (pour professionnel) _____
- Nouvelle nutritives _____
- Prématurés et faible poids à la naissance _____
- Recommandation de siège a voiture _____
- Signal d'alarme du travail prématuré _____
- Vêtements et équipements - jumeaux et triplés _____
- Vêtements et équipements - quadruplés et quintuplés _____

Bereavement * \$1.00 each

- Grief - How can I Help? _____
- Grieving Grandparents _____
- Holidays and Grief _____
- How to Help Yourself? - Dealing with Grief _____
- Loss and Grief: Statement of Rights NEW 7/09 _____
- Loss of One, More or All Babies _____
- Loss Support Organizations _____
- Loss Reading List _____
- Memorial Ideas _____
- Multifetal Pregnancy Reduction _____
- When to Begin Trying Again: Pregnancy After Loss _____
- Suggestions for Widows/Widowers _____
- Talking with Your Children About Death _____
- Twin to Twin Transfusion Syndrome _____
- Vanishing Twin Syndrome _____
- When a Multiple Birth Parent Dies _____

En français

- La perte à la naissance de multiples _____

General Interest * \$1.00 each

- Biology of Multiples _____
- Dealing with the Media _____
- Declaration of Rights, Statement of Needs of Twins & HOM _____
- Incidence of Multiple Births _____
- Multiple Birth Facts & Figures _____
- Multiples in School - Parent Tips REVISED 4/09 _____
- Multiples in School - A Guide for Educators REVISED 4/09 _____
- Multiple Birth Terminology _____
- Multiple Births Canada and You! (en français svp) _____ N/C
- Who Gets the Car? _____
- Zygosity Testing _____

En français

- Renseignements et statistiques sur les naissances multiples REVISÉ 4/09 _____
- Multiples et l'école-Un guide pour des éducateurs REVISÉ 4/09 _____
- Multiples et l'école-Bouts de parent _____

Lone Parenting * \$1.00 each

- Assisting Your Children in Handling Separation & Divorce _____
- Military Spouses _____
- Lone Parenting Multiples _____
- Lone Parent Reading List _____
- Lone Parent Resources _____

En français

- Assistez vos enfants à gérer une situation de séparation ou de divorce _____

Special Needs * \$1.00 each

- Special Needs Financial Resources 3/09 _____
- Special Needs Resources _____
- Special Needs: Cerebral Palsy _____
- 100 Fact Sheets - (1 topic) * \$40.00 each _____

topic: _____

Multiple Births Canada Pamphlets

Pamphlets \$1.00 each

- MBC Loss Support _____ N/C
- Breastfeeding Twins _____
- Breastfeeding Triplets & Quadruplets _____
- Multiple Pregnancy _____
- MBC - Supporting Multiple Births Together (bilingual) _____ N/C
- 100 Pamphlets - (1 topic) * \$45.00 each set _____

topic: _____

continued over...

Publications Order Form continued

Multiple Births Canada Support Kits

Multiple-Birth Support Kit for Expecting or New Parents

An assortment of Fact Sheets, Pamphlets, a complimentary issue of *Multiple Moments*, and 3 Booklets. Note: Includes all information from Breastfeeding Support Kit.

Expecting or New Parents Support Kit \$40.00
 Select: Parents of Twins Parents of Triplets or More

Breastfeeding Support Kit

Created for new or expectant parents and professionals. This kit contains an assortment of Fact Sheets, Pamphlets, a complimentary issue of *Multiple Moments*, and 3 Booklets.

Breastfeeding Support Kit \$25.00

Bereavement Support Kit

For anyone involved in the loss of multiples. Includes Fact Sheets, Loss Reading List, Bereavement Resource Organizations, three Loss booklets and related multiple-birth statistics.

Bereavement Support Kit \$25.00

Lone Parent Support Kit

This important kit contains two booklets, and several Fact Sheets that cover several areas of a single parent's experiences, as well as interesting and informative resources on multiples and their families, and a complimentary issue of *Multiple Moments*.

Lone Parent Support Kit \$20.00

Multiples in School Support Kit

This kit contains useful information on placement issues, including two copies of the Multiples in School booklet, one to keep and one to give to your children's educators.

Multiples in School Support Kit \$25.00

Professionals' Support Kit

This latest kit is designed to assist professionals who work with multiples and their families.

Professionals' Support Kit \$25.00

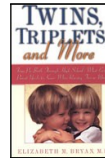
Starting a Multiple Births Canada Chapter Support Kit

All the information needed to start a multiples chapter.

"Coming Together" Package \$25.00

(Support Kit content lists can be found online at www.multiplebirthscanada.org under Publications)

By other Publishers & Authors



Twins, Triplets, and More - ISBN 0-312-19533-8, 1999

By Dr. Elizabeth Bryan, founder of the Multiple Births Foundation, UK. Dr. Bryan has been a keynote speaker at several different Multiple Births Canada events over the years.

Twins, Triplets, and More \$15.00



Books by Betty Jean Case

Betty Jean Case has been a guest speaker at past conferences. She is also a dizygotic twin and has twin brothers and twin grandsons.

We Are Twins, But Who Am I \$18.00

Exploring Twin Relationships:

Is Being a Twin Always Fun? \$16.00

Finding Our Way - Life with Triplets, Quadruplets and Quintuplets, TQQ - 2001

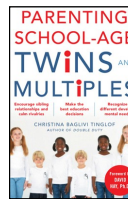


A Canadian collection of real life stories from families with triplets, quadruplets or more. This is a must have book for any family with multiples. You will laugh, you will cry, you will want to share this one of a kind book with your friends and family.

Finding Our Way \$25.00

Now \$20

Parenting School-Age Twins and Multiples - 2007



By Christina Tinglof, author of Double Duty. Make the best education decisions; recognize different developmental needs; encourage sibling relationships and calm rivalries.

Parenting School-Age Twins & Multiples \$20.95

Members discount

Members of Multiple Births Canada receive a 20% discount on all publications, including books that are not published by Multiple Births Canada.

Quantity discount

Receive additional 10% discount on orders \$500 or more after Member Discount

Publications Order Form Summary

Complete the Publications Order Form and Summary and mail with payment, to Multiple Births Canada, PO Box 432, Wasaga Beach, ON, Canada L9Z 1A4. Please make your cheque or money order payable to **Multiple Births Canada**.

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* Applicable on orders totaling more than \$500.00 after Member Discount

Shipping and handling charges:

\$0-25 = \$4 \$26-40 = \$6 \$41-100 = \$10 \$ _____

\$101-200 = \$15 \$201+ = \$25 \$ _____

Foreign Orders: **ADD \$10** (Canadian \$): \$ _____

TOTAL: \$ _____

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