



UNIVERSITY OF BRITISH COLUMBIA

School of Nursing

## MOTHERS NEEDED FOR RESEARCH INTO PRETERM INFANTS' NIGHT SLEEP PATTERNS

We are looking for volunteers to take part in a study about  
**Mothers' feelings about being a mother and premature infants' night sleep patterns**



### YOU ARE ELIGIBLE IF:

- you are the mother of a preterm infant (Singletons or one of multiples) who is 5-6 months corrected age and born between 28-36 weeks of gestation, with a birth weight of more than 1000 grams.
- your preterm infant has NO medical diagnoses of congenital or neurologic problems or serious developmental delays.
- your preterm infant is NOT currently receiving therapy for sleep problems from health care providers.
- you are NOT currently diagnosed with depression.

**Mothers can be recruited based on the above criteria from the period extending from July 2008 to June 2009. If you are eligible to be in the study but your infant is still too young, we can put you on a wait list and contact you closer to the time when your infant is 5-6 months corrected of age.**

### IF YOU ARE INTERESTED IN PREMATURE INFANT SLEEP STUDY



You will be asked to answer an anonymous survey questionnaire which takes approximately 30 minutes of your time. You may choose to fill out the online survey which is available on [www.fussybaby.ca](http://www.fussybaby.ca)



you may choose to fill out mail surveys and for more information about premature infant sleep study please contact: **Co-Investigator at**

604-221-4938

mail to: [reemjuma@interchange.ubc.ca](mailto:reemjuma@interchange.ubc.ca)

**In appreciation for your time, you will be entered in a draw for  
4 gifts each worth 100 dollars**