

# REPORT FROM NATIONAL

THE PARENTS OF MULTIPLE BIRTHS ASSOCIATION OF CANADA  
THE SUPPORT NETWORK FOR MULTIPLE BIRTH FAMILIES

PO Box 234, Gormley, Ontario, Canada L0H 1G0

ph: (905)888-0725, fax: (905)888-0727, e-mail: office@pomba.org, URL: www.pomba.org



**OCTOBER 2000**

## GETTING TO KNOW YOU

Please remember to fill out the Club Survey presented to you at Convention 2000 as soon as possible and forward it to the POMBA Business Office. We look forward to receiving them and do understand that the length of it might be quite daunting, but please fill in as much as you possibly can. It might be an occasion for a group of Members to come together for coffee and chat in order to complete it.

The reason for this survey was to enable the national organization to compile information from its chapters all across Canada to give back to their sister chapters to help them in their own organizations. If you need a new copy of this survey or did not get one...please contact Bonnie in the office and she can either send one by snail mail or e-mail.

Chapters learning from Chapters...Thank you....your time will be well spent!

## SPECIAL WELCOME TO OUR NEWEST MEMBER CLUBS

Vancouver Twins & Triplets and Moose Jaw Multiple Miracles...Member clubs now total 49.

A full listing of member clubs is available upon request at any time from the business office. Contact names and numbers are subject to change (in fact, there are changes weekly!)

Contact the business office for referrals to other areas of Canada at any time. Please notify the business office immediately when there is a change in your local club in mailing address, email contact or telephone contact - it will be greatly appreciated!!

Bonnie Schultz  
Business Services Manager  
office@pomba.org  
(905) 888-0725

**Remember to notify the  
Business Office of any  
changes in contact  
information!**

## NATIONAL RESOURCE OF DISCOUNTS & SPECIAL OFFERS

As a National member resource, POMBA is considering developing a single central list of companies who are willing to provide information (through pamphlets, etc.), coupons and/or samples of their products/services to our membership. The benefits to POMBA members would be a regularly maintained, easily accessible list which could be quickly distributed to your club via e-mail. The benefit to companies would be liaising with a single organization rather than many organizations.

1. Would your membership be interested in such a resource?
2. If yes, would your club consider channeling its own activities in this regard through POMBA so that we could liaise with companies/organizations on your behalf for the benefit all of POMBA's membership? (Clubs should continue to approach smaller, regional businesses and services on behalf of their local members).
3. If yes, could a volunteer from your membership liaise with a central coordinator to recommend companies and/or communicate changes/praise/problems (for example, an offer expired, an address has changed, or a happy member wishes to express their pleasure)?
4. If you have comments or suggestions to make with regard to developing this resource, please include them.

Please reply via (e-mail preferably) by (November 30, 2000) and look for further news on our website or in the next issue of Report from National.

Kim Weatherall-funding@pomba.org

## SINGLE PARENTS REGISTRY

I am currently updating the Single Parent Registry files and would like to hear from all clubs regarding their single members. This includes divorced, separated, widowed, military, employment and choice. Any suggestions pertaining to topics that anyone wishes researched are also welcomed.

We have also updated the Single Parent Booklet and are updating an information package that will contain fact sheets, resources, book lists and web sites, all involving single parents. Look forward to hearing from you.

*Becky*, Single Parents Registry Chair

## POMBA CANADA'S BOARD of DIRECTORS

- Carrie Johnston - President & Director of Publications
- Chris Niebler - Chairperson & Director of Communications
- Kim Weatherall - Vice Chair/Vice President & Director of Fund Development
- Cathy Barr - Vice President & Director of Research
- Diane Myers - Vice President & Director of Chapter Development
- Jennifer Dawson - Treasurer & Director of Finance
- Lynda Haddon - Director of Individual/Family Services
- Donna Launslager - Director of Program Development & Canadian Multiple Birth Initiative Coordinator

### BOARD SUPPORT:

- Bonnie Schultz - Past President & Secretary, Business Office
- Jeanette Niebler - Assistant Secretary

### CHAIRPERSONS:

- Organizational Development Committee Chair: Donna Launslager
- Organizational Development Committee Vice Chair: Diane Myers
- Communications Committee Chair: Chris Niebler
- Marketing Sub-committee: Chris Niebler
- Membership Committee: Diane Meyers
- Publications Committee Chair: Carrie Johnston
- Website Sub-committee: Carrie Johnston
- Financial Stability Committee Chair: Kim Weatherall
- Registry Chairperson: Lynda P. Haddon
- Loss Registry Chair: Lynda P. Haddon
- Special Needs Registry Chair: Debbie Andrews
- Single Parents Registry Chair: Becky Burrell

## THANK YOU!

### POMBA CANADA WISHES TO ACKNOWLEDGE THE GENEROSITY OF THE FOLLOWING CLUBS AND INDIVIDUALS:

- Multiple Birth Families Association of Ottawa
- Arthur Leonoff, Lynda Haddon and family

## POMBA CANADA HAS DEVELOPED TWO IMPORTANT SUPPORT KITS - MULTIPLE BIRTH

Parents' Information Kit and Multiple Birth Bereavement Information Kit.

### MULTIPLE BIRTH PARENTS' INFORMATION KIT

This Kit contains an amazing amount of information that will be of great assistance to New Parents:

- Detailed Resource Guide for everything multiple birth
- Information on POMBA Canada and its' support Registries
- Why it is important to belong to a Twin and Triplet Support Chapter
- Multiple Birth Facts & Figures (statistics)
- Back issue of Multiple Moments (formerly Double Feature) magazine
- Numerous Multiple Birth Fact Sheets
  - ◆ Development In Utero
  - ◆ Bedrest
  - ◆ Expectant Mom Tips
  - ◆ The First Few Weeks
  - ◆ Dad's Role
  - ◆ All About Strollers
  - ◆ Single Parenting of Multiples
  - ◆ Comprehensive List of Everything you Could Possibly Need for Twins/Triples
  - ◆ Nutritional Guide for Multiple Birth Pregnancy (for twins, triplets & quadruplets)
  - ◆ Safety Tips for Parents of Multiples
- Breastfeeding Twins pamphlet
- Multiple Pregnancy: For expectant parents of twin, triplets, quadruplets & quintuplets pamphlet
- copy of Report from National (the National Organization's business report)
- additional pertinent magazines, handouts and data when available

This Kit will be invaluable to anyone dealing with those interested in multiple births and their unique requirements.

## Multiple Birth Bereavement Information Kit

This important Bereavement support Kit is a must for anyone offering bereavement support in a multiple birth loss. It contains:

- POMBA Canada's three Loss booklets:
  - ◆ The Loss of a Multiple: The Role of a Parents of Multiples Club
  - ◆ The Loss of a Multiple: Miscarriage, Stillbirth, Infancy
  - ◆ The Loss of a Multiple: Childhood, Teens
- Support Organization Resource List
- Loss Book Resource Reading List
- Loss Facts Sheets:
  - ◆ Holidays and Grief
  - ◆ Talking to Your Children About Death
  - ◆ The Loss of One, More or All of Your Multiple Birth Babies
  - ◆ Grief - How Can I Help?
- issue of Multiple Moments (formerly Double Feature) magazine
- issue of Forever Angels, the newsletter of the Loss of Multiples Registry
- detailed information on POMBA Canada and its Project History

This Kit is ideal in assisting anyone who deals with families who have lost one, more or all of their multiple birth children. It is a valuable loss support resource.

The cost of the Bereavement Kit is \$10.00 plus \$5.00 shipping and handling charge and the Multiple Birth Information Kit is \$15.00 plus \$5.00 shipping and handling charge. (we do accept US cheques). You may also order both Kits together for \$20.00 plus shipping and handling of \$5.00 - for a substantial savings.

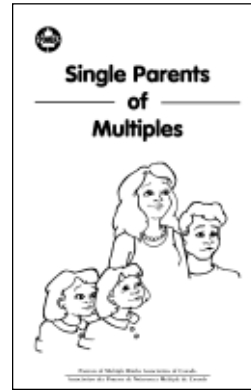
You can order by going to our website at: [www.pomba.org](http://www.pomba.org), click on Publications and look for the Publications order form. This form (in PDF format) can be printed (include it in your club newsletter too) and attach your cheque and mail to the office address.

For more information please contact our Business Office at [office@pomba.org](mailto:office@pomba.org) or Telephone (905)888-0725 or you can reach us by Fax at (905)888-0727

We look forward to hearing from you!

## JUST RELEASED!

### SINGLE PARENTS of Multiples



A new and updated version of this booklet has just been completed and is now available for sale. At \$2.50 per copy, this is a booklet that every parent facing a single parenting situation should have. Whether due to divorce, separation, a spouse whose work includes extended periods away from home, this booklet is full of helpful hints on how to cope in this type of situation.

## WEBSITE ENHANCEMENTS

The Website Sub-committee is looking at many enhancements to the National website, but we need your help. What information would you like to see on the website? What would help you, as a club, better serve your members? We also require your aid in promoting the website to your membership. Please consider running a regular notice in your newsletters, promoting the National website. E-mail your suggestions to [publications@pomba.org](mailto:publications@pomba.org) and visit our site today:



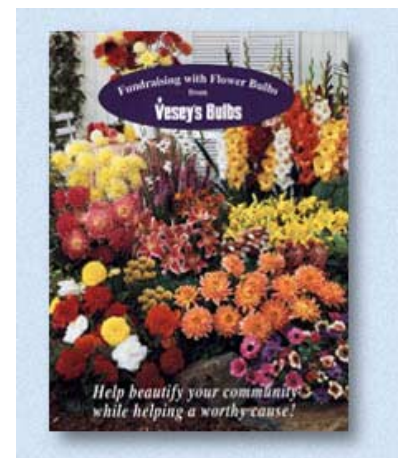
**[www.pomba.org](http://www.pomba.org)**

## FUNDRAISING

If you are looking for another type of fundraising program for your local Chapter that has not been done many times before...why not try Vesey's Bulbs Fundraising Program. For more information please contact them at P.O. Box 9000, Charlottetown, Prince Edward Island, C1A 8K6 or at 1-800-363-7333

If you would like to order a Fundraising Catalogue you can do so on-line at:

<http://www.veseys.com>



## INTERNATIONAL Multiple Births Expert Visits CANADA AND POMBA CANADA'S BUSINESS OFFICE

Dr. Elizabeth Bryan, President of the International Society of Twin Studies (ISTS), Multiple Births Foundation, London, England is a long-standing member of POMBA Canada's Advisory Board.

Dr. Bryan, was recently a keynote speaker at the Perinatal Grief: Living with Loss Conference in Mississauga, organized with the assistance of Diane Myers, Director for POMBA Canada.



*Shown top to bottom, left to right: Jennifer Dawson, Ellen McKye, Jim Shultz, Theresa Cressatti, Heather Kenehan, Laura Hannah, Vicki Riley, Elizabeth Bryan, Robert Barr, Elizabeth Foster, Cathy Barr, Isabelle Schwenger, Rob Hannah, Bonnie Shultz, David Foster*

Dr. Bryan's visit included a parents talk (Credit Valley Hospital); lectures at the Mt. Sinai Hospital, Toronto (with Dr. Jon Barrett, POMBA Canada's Advisory Board Member) and St. Joseph's Hospital, London (with Dr. Allan Bocking, POMBA Canada's Advisory Board Member) and a reception, hosted by Bonnie & Jim Schultz (Past President/Business Services Manager, POMBA Canada).

The reception was attended by Board representatives Cathy Barr, her husband Robert; and Jennifer Dawson. Also in attendance: Vickey Riley and Heather Kenehan, Barrie Parents of Twins and More Club; Laura & Rob Hanna, Durham Region POMBA Club, Theresa Cressatti, Newmarket; David and Liz Foster, Gormley; Isabelle Schwenger, Ellen McKye (President and Past President of TPOMBA).

It was a most enjoyable evening of conversation with one of the world's leading experts in the multiple birth field. We are thrilled to have Elizabeth visit us in Canada and have enjoyed her company numerous times at other events. Elizabeth has been a member of POMBA Canada's Advisory Board since its inception and an inspiration to us all.

On behalf of the Board, Cathy Barr presented her with a token of appreciation from the Board of Directors.

*September 2000*

*Bonnie Schultz, Hostess*

## Funding Proposal Update

Donna Launslager, Director of Program Development, and Diane Myers, Director of Chapter Development, are working on a Trillium Foundation Proposal in hopes of obtaining some financial assistance to further the transformation from POMBA Canada to Multiple Births Canada. The proposal will be submitted on October 15, 2000.

The proposal will involve funding for a strategic planning project:

Environmental Scan: Mapping the Future

Now that we have our vision and mission statements in place and a picture of where we want to go, the next step is to understand where we are right now. This is the process called taking stock and involves a thorough examination of both the internal status of POMBA Canada and the external context in which it is situated.

To move from a volunteer based organization to a significant voice on multiple birth issues across Canada.

An environmental scan needs to be conducted to collect data to answer questions about the present circumstances and

the future of Multiple Births Canada and the multiple birth community. For example:

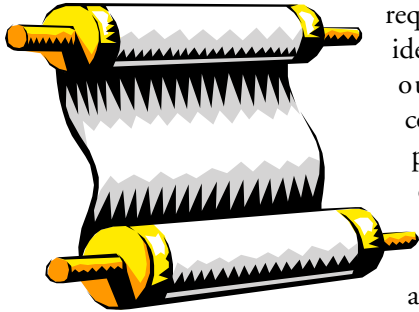
Do existing programs and resources address the needs of twins and higher order multiples and their families? What needs of Canadian families with twins and higher order multiples are currently met by service providers? What needs are currently unmet? How to better connect with hard-to-reach families Identify current practice and requirements of those likely to deal professionally with multiple births. How to best provide information service and support to service providers

Specifically, the environmental scan: will develop a common insight; identify strengths, weaknesses, opportunities and threats; organizes internal and external information; and provide a key process for internal and external honesty and openness to changing conditions

Trillium will then have six months to review the proposal and notify us of their decision.

## MAKING A DIFFERENCE AWARDS

### DEAR FRIENDS IN THE MULTIPLE BIRTH COMMUNITY,



The Board of Directors requests your assistance in identifying and honoring our multiple birth communities best. Those people in your community or association who may deserve the honor and awards that the Board of

Directors presents on behalf of a grateful National organization.

Individuals from all parts of our multiple birth membership are eligible for these honors and awards, but first their peers must nominate them. Many candidates are little known outside of their own multiple birth communities. To recognize their contributions nationally, we depend on people who know and appreciate their worth to forward their names for consideration.

Members of clubs, associates, parents and Advisory Board can play a special role in this process. Your familiarity with the attainments of your members may indicate whenever one of them merits the "Making a Difference" Award for recognition of a lifetime of achievement, some special accomplishment, or for outstanding service as a volunteer.

To receive a nomination form and brochure outlining the selection criteria for these honors please contact the business office. We hope you and the members of your organization will give them careful consideration. If, in your opinion, someone deserves an expression of our gratitude, please take the time to submit a nomination. The awards will be presented each year on the day of the Annual General Meeting of members. Deadline for nominations to be received at the business office is January 31st, 2001.

We hope this initiative will encourage the nomination of remarkable individuals. We appreciate your support of the continued recognition of volunteers within the multiple birth community.

Board of Directors POMBA Canada  
**Attention: Honors and Awards**  
 PO Box 234  
 Gormley, ON L0H 1G0

## PERINATAL GRIEF: LIVING WITH LOSS CONFERENCE

18-20th SEPTEMBER, 2000, MISSISSAUGA, ONTARIO

It was an exciting and rewarding Conference. I was very honoured to be asked to be a member of a Panel discussing the Hidden Aspects of Loss.

It began with a Monday evening session with Barbara Coloroso which was optional. Barbara was speaking away from the Conference setting where, I understand, she was very well received. I was unable to attend.

The morning of the 19th, Barbara was a Keynote Speaker. She is quite an amazing speaker using no notes and stepping down into the audience to include us. She had a lot to offer regarding loss and provided lots of information to think about.

Dr. Elizabeth Bryan was the Wednesday morning Keynote Speaker and, as usual, had much to offer regarding multiples and their unique loss issues. Even though I have had the pleasure of hearing Dr. Bryan speak on numerous occasions, I always learn something new to take away with me and this time was no different. Her slides were grand and one included a set of female identical quadruplets that had attended at her Clinic in England. It was wonderful! One particular note that Dr. Bryan made was how she felt that there is inadequate on-going support for families who choose to "reduce". Once the reduction is completed, they are basically left on their own to deal with the reduction and loss of a child(ren) as best they can.

It was very difficult to chose which sessions to attend. The topics were very interesting, with 4 topics in each session. I attended one called "Saying Goodbye. What the Funeral Professionals Can do to Support Families". Pat Simone of Cardinal Funeral Homes covered what to expect while arranging an infant funeral, possible costs (they vary enormously - from free to about \$1,000.00) and she had samples of caskets to look at.

She showed us a variety of ways in which their Funeral Home makes it as "easy" as possible for bereaved families. They have lovely blankets, baby clothing both knitted and flannel, beautiful memory boxes, plastic hearts to hold some of the momentos, pink and blue cruxifixes, colouring books and puppet for siblings, will take photos as requested and are very open to listening to families and to making this experience as memorable as possible for them.

# 2001 Memberships are due January 1, 2001

Dr. Bryan spoke at a workshop entitled "Higher Multiple Births - Too High a Price? She spoke of the gynecological problems that HOM Moms often face after birth, of the isolation often felt because of the practical limitations of HOM, and how depressed some HOM Moms can become because they realize that they do not have adequate time to mother their children individually. Moms realize that children need one-on-one time to increase their learning skills and assist with bonding. Reading to quads, for example, can be quite difficult.

Dr. Jonathan Hellmann's workshop was entitled "End of Life Decision Making in the Neonatal Intensive Care Unit". Dr. Hellman spoke about the decisions parents and professionals need to make regarding if and when to remove life support from critically ill babies. It is no easy decision, regardless.

Barbara Coloroso led a workshop called "Mastering Anger" just before she left to go to another speaking engagement in Northern Ontario. Her key point was the fact that, while there are times when we will be angry for very legitimate reasons, more often than not, our anger masks what we are truly feeling - disappointment, frustration, fear or confusion, for example. Very interesting!

On Wednesday afternoon, I was a participant on a panel of 4 women and a moderator. We discussed "Invisible and Hidden Losses". This panel of women shared with us, as did several audience members, their tragic and heart rendering stories of loss of a child and in one case children. One woman lost a child 30 years ago. Only by pleading and tears was she told the sex of her child after its' birth and her baby was whisked away, never to be seen nor held. She has very recently named her daughter and attended a stone commemorating all of the miscarried and stillborn children in the graveyard where her father is buried. A father recounted losing a twin daughter "9 years and 9 days ago" and how he continued to miss her daily. The stories these brave parents shared did not leave any of us untouched.

On Tuesday evening three other ladies and I, went to supper with Dr. Bryan. While the others left to set up the auditorium at the Credit Valley Hospital in Mississauga, Dr. Bryan and I had coffee and then she spoke at the Hospital.



At the Conference itself, many organizations offered varied displays. Cardinal Funeral Homes and Bereaved Families had displays as did Perinatal Bereavement Units complete with tiny knitted outfits and blankets and plaster casts of hands and feet of tiny souls who had passed through NICU.

Parentbooks had a huge display with many interesting and supportive books to purchase. There was a lot of action around their table. A massage therapist did not receive too much attention. TQQ, POMBA Canada, Dr. Bryan's Multiple Birth Foundation books, CLIMB and TPOMBA all shared two tables side by side. We had lots of interest, questions and many people stopped by. All 10 Bereavement Kits were sold. The copies of Multiple Moments were very well received. Many took the booklet order forms. A Bereavement Kit was donated as a prize, so 11 Kits in all were dispensed.

This was an important Perinatal Bereavement Conference that was attended by doctors, bereaved parents, nurses, funeral directors, social workers and those who work to support bereaved families. It was well organized, the location bright and cheerful, light breakfast and lunches were provided and I was honoured to be asked to be a part of it. I hope that POMBA Canada and multiple birth loss families and their special needs will continue to be an important aspect of these Perinatal Bereavement Conferences. There was no doubt that those in attendance without multiple birth children (and there were many) took away many new ideas to share with their hospitals, clinics and committees.

Respectfully submitted

*Lynda P. Haddon*  
Chair, Loss of Multiples Registry

## Multiple Births Canada Logo

As most of you are aware by now POMBA Canada is in the process of incorporating under a new name and therefore needs a new "visual identity" to match. Last year when the Board was planning to change the name we approached a graphics firm in Ottawa to assist us with this task. Elaine Nadeau, President, of Aubut & Nadeau Services Inc. was more than willing to donate her company's time to design a new visual identity for Multiple Births Canada. Isabelle, an employee of this firm was assigned the task and was excited to help us design a new logo for us. She is presently working on the design of new letterhead, business cards, envelopes, a template for a fax coversheet and a pamphlet. These will be presented to the Board at its Interim meeting and then unveiled to the membership with the official announcement of the formation of Multiple Births Canada. Our thanks again to Isabelle and Elaine for all their hard work and donation to Multiple Births Canada.

For more information please contact Kim at [funding@pomba.org](mailto:funding@pomba.org).

## CHARITABLE STATUS UPDATE

The Charitable Status Application is still pending the formation of Multiple Births Canada. Updated information from the new Canadian Customs and Revenue Agency has been received, with very little changes in the actual application process. However, the approach the lawyer was planning to take by having the application pre-approved is no longer allowed by the government.

Once the by-laws have been approved, the new name officially approved and we are incorporated as Multiple Births Canada, the application can be pushed forward. The latest contact with the Canada Customs and Revenue Agency suggests the time frame for approval is 6-12 months depending on the complexity of the application. We will keep you posted as the application progresses.

For more information please feel free to contact Kim at [funding@pomba.org](mailto:funding@pomba.org)

## Now Available!

Our affiliate clubs have been requesting artwork for their newsletters. Specifically, some clubs have requested advertisements for Multiple Moments. Presently being developed is a complete selection of advertisements for Multiple Moments as well as POMBA's other publications such as booklets, fact sheets and pamphlets. To make it easier to find and use these ads, they are being posted to the National website. A small selection is now available, with more to come.

Follow the directions, click and save the required clip art and insert into your newsletter. Need to fill some blank space in your next newsletter? Use these ads and you not only fill that empty spot, but you're assisting your members and National by promoting the publications available for sale. Keep your membership informed.

Go to [www.pomba.org](http://www.pomba.org) and select the Club Resources link. From this page, you will find a link to Newsletter Resources. Other resources helpful in producing your clubs newsletters will be looked at in the near future.

Keep telling us what you need, we're listening!

**Carrie Johnston**  
Director of Publications

*(Shown to the right, an ad for the Single Parents of Multiples booklet. Ads are available in .TIF format, 300dpi unless otherwise stated*

## "Multiple Messages"



The "Multiple Messages" book project is again underway. With some assistance in typing up the materials to go into the book, we have high expectations of having this book in draft form for the Annual General Meeting in 2001. We need to assemble a committee to oversee all stages of this project.

Originally began as a recipe book to raise funds for POMBA Canada, this project quickly developed into a fantastic idea to compile helpful, unique and amusing stories from and about multiple birth families in Canada. This book will prove to be a "must-have" multiples publication for every bookshelf.

Do you have some favourite recipes or stories that you would still like to submit? It's not too late and we will make every attempt to accommodate all submissions. We are also looking for any talented or budding artists among us to submit their drawings and ideas for cover designs. Drawings should be "multiples" in nature and we are looking for something in full colour. Other submissions may be considered for the section dividers.

The Multiple Messages team will be looking for:

- Proofreading
- Advertising sales
- Promotion and Public Relations
- Distribution
- Design and layout work

No matter how big or small a role you wish to play, we would love to hear from you. This is an ad hoc committee that will exist for the sole purpose of seeing the book project completed. This committee will also need an enthusiastic individual to Chair it. Do you think this might be you? You need not have experience in publishing a book, but someone with excellent organizational skills would be a great candidate for the role.

Please contact us by e-mail, phone, fax or snail mail. You need not have access to e-mail to participate, but it is helpful for ease of quick communication among the committee members.

Carrie Johnston, Director of Publications,  
[publications@pomba.org](mailto:publications@pomba.org) ph: (902)865-0641

Kim Weatherall, Director of Fund Development  
[funding@pomba.org](mailto:funding@pomba.org) ph: (613)837-3854

Mail, fax or e-mail your submissions in to the business office as soon as possible.

**Single Parents of Multiples**  
Parents of Multiple Births Association of Canada

Single Parents of Multiples is for those parents who find themselves parenting multiples on their own. For separated, divorced, widowed and single parents it addresses concerns and presents ideas on how to handle these situations. To order, fill out this order form and mail to:

POMBA Canada  
PO Box 234  
Gornley, Ontario L9H 1G0  
Canada

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Phone: \_\_\_\_\_  
e-mail: \_\_\_\_\_

Please send me \_\_\_\_\_ copies of Single Parents of Multiples at \$5.50 each (includes shipping & handling)  
 Payment enclosed. Total \$ \_\_\_\_\_

.....

## 2001 ANNUAL GENERAL MEETING & CONFERENCE

The Barrie Twins and More, an Affiliate Member of POMBA Canada, has graciously stepped forward and offered Barrie as the location for the next Annual General Meeting in 2001.

We are extremely grateful and honored that Heather Kenehan and her team of volunteers will be working with us in planning this event for the board and membership.

The Annual General Meeting & Conference for 2001 will consist of a one day event planned for Saturday due to the lack of planning time. Watch for a confirmed date (in late May or early June) and details will be forth coming.

For more information please contact the Business Office and watch the website for ongoing updates.

.....

## 2002 ANNUAL GENERAL MEETING & CONFERENCE

Durham Regional POMBA, an Affiliate Member Club of POMBA Canada, will be hosting the 2001 event. Further details on will be available as planning progresses.

We sincerely thank Laura Hanna, President, and her club volunteers for hosting this event on behalf of the national organization and its membership.

For further information, please contact the Business Office and watch the website for ongoing updates

**Bonnie Schultz**  
 Annual General Meeting & Conference Liaison  
 (905) 888-0725  
[www.pomba.org](http://www.pomba.org)

## 10th INTERNATIONAL CONGRESS ON TWIN STUDIES

4 - 7 July 2001, to be held at Imperial College, London, UK. For everyone interested in twin studies and in the biology, care and development of twins, triplets and more.

### Topics will include

Epidemiology, Biology, Multiple Pregnancy, Assisted Reproduction, Fetal programming, Child Development, Schooling, Bereavement, Legal issues, Genetics of psychophysiology, personality, cognitive behavior, ageing, somatic diseases and substance misuse.

Guest speakers include David Barker, John Burn, Tom Bouchard, Naren Patel, Robert Plomin, Roger Short and Robert Winston.

Other suggestions for topics for sessions would be welcomed by the programme organiser, Elizabeth Bryan ([ebryan@fdn.co.uk](mailto:ebryan@fdn.co.uk))

Accommodation will be available in the College at reasonable prices. Reduced registration fee for members of the ISTS and students.

Second Announcement and call for papers will be in September 2000 and a deadline for abstracts 31 January 2001.

For further information or to register on the Congress mailing list, please contact Judy Gowing at the Congress Secretariat via email [jwgowing@netcom.co.uk](mailto:jwgowing@netcom.co.uk) or fax + (20) 8287 4427

Updated information and ISTS membership application form can be found on the ISTS website

<http://www/ists.qimr.edu.au>

*International Society for Twin Studies*

## 2001 ANNUAL GENERAL MEETING & CONFERENCE SPONSORSHIPS AND DONATIONS

We need everyone's support in preparing for the next AGM & Conference in Spring of 2001, which is being hosted by the Barrie Twins & More. Due to the short time period the Planning Committee has to organize and fundraise for this event, we would like to request on their behalf the following assistance.

**Sponsorships:** approach or connect us with members who own a company or have connections with businesses/services, or if your Chapter can see the way to fundraise and/or sponsor a part of the conference

**Donated Items:** to be used for door prizes, raffles and thank you gifts.

Sponsorships and donated items would be most welcomed from individuals, as a group, business or as a sister chapter; and all those who donate will be recognized on our web site and in Multiple Moments.

Please forward donations to the POMBA Office or call Bonnie at 1-905-888-0725 to make other arrangements. Please be sure to identify clearly who is responsible for this kind donation!

Thank-you!

Bonnie Schultz, National AGM & Conference Liaison  
 Heather Kenehan, Planning Committee Chairperson, Barrie